

Kvaltider JSM 2019 - 2020

Grenar	A-kvaltider						B-kvaltider					
	Damer			Herrar			Damer			Herrar		
	25m	50m	Yard	25m	50m	Yard	25m	50m	Yard	25m	50m	Yard
50m frisim	00:26,66	00:27,52	00:24,01	00:23,78	00:24,75	00:21,42	00:26,92	00:27,78	00:24,25	00:24,03	00:24,99	00:21,64
100m frisim	00:57,79	00:59,39	00:52,06	00:51,85	00:53,76	00:46,71	00:58,30	00:59,92	00:52,52	00:52,38	00:54,34	00:47,18
200m frisim	02:05,32	02:09,33	01:52,90	01:54,05	01:58,71	01:42,74	02:07,07	02:10,68	01:54,47	01:55,07	01:59,98	01:43,66
400m/500y frisim	04:28,09	04:35,55	05:06,38	04:05,97	04:15,51	04:41,10	04:30,47	04:38,30	05:09,10	04:09,11	04:19,52	04:44,69
800m/1000y frisim	09:16,48	09:37,01	10:35,97	08:39,28	08:59,29	09:53,46	09:24,13	09:42,88	10:44,72	08:47,96	09:06,75	10:03,38
1500m/1650y frisim	17:56,69	18:34,19	17:50,26	16:39,30	17:26,35	16:33,33	18:06,97	18:46,29	18:00,48	16:56,57	17:42,54	16:50,50
4x50m frisim	01:48,87	01:52,32		01:38,54	01:42,29							
4x100m frisim	03:59,98	04:08,26		03:35,45	03:43,99							
4x200m frisim	08:42,85	09:09,73		07:48,51	08:21,09							
50m bröstsim	00:33,52	00:34,30	00:30,19	00:29,98	00:31,11	00:27,00	00:33,95	00:34,75	00:30,58	00:30,43	00:31,45	00:27,41
100m bröstsim	01:12,45	01:15,10	01:05,27	01:05,54	01:08,50	00:59,04	01:13,37	01:16,03	01:06,09	01:06,26	01:09,72	00:59,69
200m bröstsim	02:38,17	02:44,58	02:22,49	02:23,87	02:30,94	02:09,61	02:40,68	02:47,40	02:24,75	02:26,38	02:34,19	02:11,87
50m ryggsim	00:30,25	00:31,65	00:27,25	00:27,37	00:28,84	00:24,65	00:30,59	00:32,09	00:27,55	00:27,68	00:29,24	00:24,93
100m ryggsim	01:04,71	01:07,73	00:58,29	00:58,49	01:01,99	00:52,69	01:05,57	01:08,82	00:59,07	00:59,30	01:02,80	00:53,42
200m ryggsim	02:21,27	02:27,40	02:07,27	02:08,87	02:17,31	01:56,09	02:22,79	02:29,71	02:08,63	02:10,68	02:19,10	01:57,72
50m fjärilsim	00:28,77	00:29,17	00:25,91	00:25,69	00:26,14	00:23,14	00:29,10	00:29,52	00:26,21	00:25,97	00:26,49	00:23,39
100m fjärilsim	01:03,97	01:05,64	00:57,63	00:56,86	00:58,48	00:51,22	01:04,75	01:06,46	00:58,33	00:57,64	00:59,17	00:51,92
200m fjärilsim	02:23,66	02:29,11	02:09,42	02:09,42	02:14,16	01:56,59	02:27,39	02:32,21	02:12,78	02:11,81	02:17,00	01:58,74
100m medley	01:06,23		00:59,66	00:59,58		00:53,67	01:07,12		01:00,47	01:00,24		00:54,26
200m medley	02:22,46	02:27,52	02:08,00	02:08,89	02:14,75	01:56,11	02:24,00	02:29,19	02:09,72	02:10,97	02:16,16	01:57,99
400m medley	05:04,81	05:17,81	04:34,60	04:40,97	04:53,58	04:13,12	05:09,10	05:22,45	04:38,46	04:45,11	04:58,30	04:16,85
4x50m medley	01:59,60	02:03,04		01:47,66	01:51,68							
4x100m medley	04:24,53	04:35,52		03:57,34	04:10,89							

Kvalperioden startar alltid 1 januari året närmast före tävlingen och avslutas dagen före sista ordinarie anmälningdag.